



ASN UPENDO VILLAGE

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Executive Summary

ASN Upendo Village is privileged to contribute to the less fortunate members of the society through providing services to the community around Naivasha sub-county, Nakuru county, Kenya. As a village of hope and love to the people infected and affected by HIV and AIDS, Upendo Village find great satisfaction when weak clients on the verge of death rise from their beds and begin supporting themselves and the members of their households.

This report covers the accomplishments and services provided during the months of March and April 2018. ASN Upendo Village would like to most sincerely thank all sponsors and benefactors because it is as a result of their noble and selfless giving that the lives of people infected and affected by HIV and AIDS in Naivasha has been greatly transformed.

Among the highlights of the Education Department is that, the schools' April holiday saw the conducting of the two successful academic days. These events recorded a total attendance of 173 students and pupils and 156 guardians. This was followed by a special event organized by the Education Department in conjunction with the Administration of ASN Village where Karen Bychowski, the Director and Founder of "To Africa with Love" offered talks of encouragement to our sponsored girls between the age of 12 and 22.

From the Income Generating Department, 13 goats kidded to one kid each during the period under review. Moreover, five guardians benefitted with the interest free loans as tree planting advocacy went on, resulting to the planting of 1,650 trees. In addition to that, this department conducted three home visits as the chicken rearing project was boosted with 17 chicks; all bought by ASN Upendo Village.

The report also covers the activities of the dispensary which continued to provide preventive and curative services to both our clients and the wider general public. The social services department was able to provide psycho-social support to the support group members, kids club members and the grandmothers taking care of orphans and vulnerable children.

The pages that follow provide in-depth analysis of the various activities that were carried out by the ASN Upendo Village team in different departments during the months of March and April 2018

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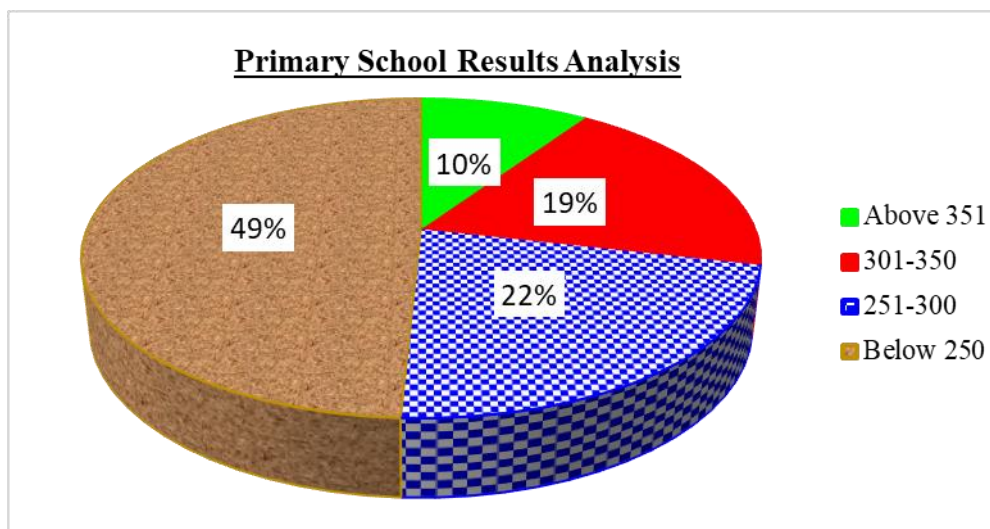
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EDUCATION DEPARTMENT

The department experienced a low level of activity during the month of March because most of the sponsored students/pupils were still in session in their respective institutions of learning. However, the closure of schools for the April holiday made the department a beehive of activities. During this month, the department was engaged in activities ranging from the organizing academic days, collecting reports cards, analyzing students' results and processing school fees payments. This also followed the organizing of 2 academic days for the primary school pupils and the high school students.

The first academic day took place in April 11th and was attended by all sponsored pupils from class 1 up to class 8, all accompanied by their parents/guardians. A total of 63 pupils and 54 parents/guardians attended the event. In this event, the pupils benefited from motivational talks from various speakers from among the Upendo Village staff. In addition to that, All the pupils who had performed well in different class levels were awarded for their excellent performance.

The primary school pupils registered an average performance with 51% them recording a score of above 251 marks out of the possible 500 while the remaining 49% recorded below 250 marks as analyzed in the pie chart below.



The percentage of pupils who scored above 351 marks and above was 10% while those who had scored between 251 and 350 marks was 41%. Notably, 51% of the primary school kids were able score 250 marks and above out of the possible 500.



Sr. Dr. Florence addressing pupils and their parents/guardians during academic day I



Sr. Dr. Florence awarding the best performing pupils during academic day I



Sr. Dr. Florence together with Samuel Maina and Patricia (Education Department) pose for a group photo with some of the best performing pupils during Academic Day I

The Academic Day II took place on April 18th and was attended by both the High school and college/university students together with their parents/guardians. A total of 109 students and 102 parents/guardians attended this event. Some of the University/college students did not attend the event owing to the fact that they were taking their semester exams in their respective institutions. The students present received talks on; Oral Health and Academic Improvement which were given by Upendo Village staff. The table below gives an analysis on the performance of secondary school students.

Table 1.0

MEAN GRADE	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	Z	TOTAL
Form 1	1	1		4	1	3	1	1	2			1	1	16
Form 2			1		1	2	2	2	1		5		1	15
Form 3			1		1	1	4	2	4	1	4	3	1	22
Form 4					1	2	2	2	5	1	1		1	15
TOTAL	1	1	2	4	4	8	9	7	12	2	10	4	4	68

KEY

Z-No results

In Form 1, 12 students out of the total 16 managed to score a mean grade of C- and above. The performance of most Form 2 students was also good with 8 students out of the total 15 scoring a mean grade of C- and above. In Form 3, 9 students out of the total 22 managed to score a mean grade of C- and above. The performance of Form 4 candidates included 7 students out of 15 scoring a Mean of C- and above. All the good performers were awarded during the two academic days.



ASN Upendo Village Education Officer, Mr. Samuel addressing students, parents/guardians during Academic Day II

The awarding ceremony also saw some of the pupils and students who had completed their class 8 and Form 4 high school being recognized for excelling in KCPE and KCSE exams.



Sr. Dr. Florence addressing students and parents/guardians during Academic Day II



Sr. Dr. Florence awarding students during Academic Day II



Sr. Dr. Florence with Patricia and Samuel (Education Department) posing with some of the best performing students in high school

On April 20th, the department in conjunction the administration conducted an event whose goals was to boost the self-confidence of sponsored girls of between ages 12-22. This event was organized and directed by Karen Bychowski, the Director and Founder of 'To Africa with Love.' The event was officially opened by Sr. Dr. Florence, the Executive Directress of ASN Upendo Village. In the event, the girls were encouraged through the creation and discussion of individual vision boards. A vision board is a tool which enables individuals to put down their dreams and goals on papers and later into action. The girls were also provided with sanitary towels and some writing materials to help them during their times in school.



Sr. Dr. Florence giving her openings remarks to sponsored girls aged 12-22 years-old who had attended the Vision Board Event



Karen addressing sponsored girls between 12 and 22 years-old during the Vision Board Event



Sr. Dr. Florence, Karen and Upendo Village staff pose for group photo with the sponsored girls of age 12-22 years, during the Vision Board Event

All of our sponsored pupils/students especially in primary and high school reported back to school for the second term between April 30th up to May 4th. The new term began on April 30th and will end in the first week of August. The college students reported back to their respective institutions during the first and second week of May 2018.

INCOME GENERATING ACTIVITIES DEPARTMENT

During the month of March and April 2018, the Income Generating Activities department in collaboration with ASN Upendo Village administration facilitated clients to initiate income generating projects in order to improve their living standards. The department focused on the development and improvement of client's economic conditions.

DAIRY GOAT PROJECT

During the period under review, 13 goats delivered 1 kid each and their owners are now getting between 0.5 and 2 liters daily. This acts as a source of their nutritional nourishment.

HOME VISITS

During the period under review, a total of three home visits were conducted. These included those of two clients and one guardian who were all visited at their respective homes and encouraged to continue living positively and put more efforts in their various ventures/projects.

INTEREST FREE LOAN PROJECT

During the period under review, 5 guardians benefited with interest free loans to improve their farming and boost their businesses. Most of the guardians who have previously benefitted from this project have fully repaid their loans and they have started income generating projects which have significantly improved their living standards.

TREE PLANTING

During the period under review, tree planting and advocacy went on, resulting to the planting of 1,650 by the clients and guardians in the different support groups. These are tremendous steps to the right direction towards environmental conservation and promotion of agriculture.

DEMONSTRATION GARDEN

ASN Upendo Village demonstration garden has continuously been well managed through the Income Generating Activities Department.



**The Income generating activities coordinator, Stephanina Kuria tending to carrots in the ASN
Upendo demonstration garden**



Income Generating activities' Coordinator, Stephanina Kuria and Gardener Julius Mwangi sorting carrots harvested from the ASN Upendo demonstration garden

MEDICAL DEPARTMENT

The dispensary has constantly been expanding its services in terms of community and public outreach in provision of medical services. In the months under review, the dispensary continued to provide curative, preventive, promotive and rehabilitative health care services to the community.

The following services were offered:

- Maternal and child health clinic
- Comprehensive care
- General outpatient care for both adults and pediatrics

ACTIVITIES/ ACCOMPLISHMENTS

Date	Activity	Facilitator
March 7, 2018	Gingivitis	Margaret Kamau
March 14, 2018	Hypertension	Samuel Mbasu
March 21, 2018	Hyperthyroidism	Lucy Muthoni
April 4, 2018	Uterine Fibroids	Eric Mati
April 18, 2018	Oral Hygiene	Margaret Kamau

The table below shows the workload for the period under review

Services Offered	March 2018	April 2018	Totals
Outpatient Department(OPD)	541	542	1083
Child Welfare Clinic(CWC)	128	150	278
Antenatal Clinic (ANC)	8	9	17
Comprehensive Care Clinic (CCC)	20	18	38
Voluntary Counseling and Testing (VCT)	20	27	47
Laboratory Tests	247	530	827
Cervical Cancer Screening	0	0	0
Dental Services	17	25	42

TOP TEN INSTITUTIONAL DISEASES

1. Upper respiratory diseases
2. Other respiratory diseases
3. Diabetes
4. Diseases of the joints
5. Diseases of the skin
6. Urinary tract infections
7. Pneumonia
8. Intestinal worms

9. Dental disorders

10. Diarrhea

THE DENTAL DEPARTMENT

During the period under review, forty (42) patients attended our dental unit. In addition to that, the Community Oral Health Officer conducted awareness forums in the support groups to educate them on an array of issues such as oral health and dental diseases among others



Margret, the Community Oral Health Officer, performing an oral procedure to a patient in the ASN Upendo Village Clinic

	March	April
SERVICE OFFERED		
Tooth extraction	8	15
Consultation	4	7
Full mouth scaling, polishing and prophylaxis	4	1
Composite filling	1	1
Dental X-Ray	0	1

NUTRITION DEPARTMENT

Although there has been a sustained increase in the general price level of goods and services (inflation) in Kenya, ASN Upendo Village continued providing nutritional supplements to clients attending support group meetings. This has been made possible through the noble and selfless donations from our donors and benefactors.

During the period under-review, clients held their regular monthly support groups meetings and were enlightened on the following areas.

- ❖ Eating well balanced locally available meals, since most of them live below poverty line hence not able to afford balanced meals all through their diets.
- ❖ Personal hygiene.

The support group meetings have continued to be very active and vigorous. This has acted as a good symbol that our clients on how to handle food with hygiene and on healthy-living.



Sr. Zipporah distributing cereals to clients during a support group meeting

KIDS CLUB AND ACADEMIC DAYS MEETINGS

During the month of April, the department successfully fed/served around 350 students and guardians with a well-balanced lunch.



Pupils and parents/guardians having their lunch during academic day I

SUPPORT GROUP ATTENDANCE AND DISTRIBUTION OF NUTRITIONAL SUPPLEMENTS

Through the efforts of the administration and other well-wishers we have managed to feed and distribute nutritional supplements to various members of support groups as shown in the table below.

Name of the support group	March 2018	April 2018	Average
Mai-Mahiu	43	49	48
Karai	89	71	80
Mirera	39	53	46
Town	39	32	36
Total	210	205	208

GRANNIES MEETINGS

During the period under review, the department also managed to successfully provide nutritional supplements to an average no. of 38 grandmothers during their support group meetings.



Stephanina, the Income generating activities coordinator, poses for a photo with Elizabeth Wangari during a home visit. After receiving 2 chicks from Upendo Village in 2016, she now a proud owner of 24 chicken.

SOCIAL WELFARE DEPARTMENT

SUPPORT GROUP PROJECT

Support groups enable People Living with HIV and AIDS (PLWHAs) to meet and share their experiences as well as to get information on health issues. During the period under review, we held meetings for Prevention of Mother to Child Transmission of HIV and AIDS (PMTCT), HIV positive kids and teenagers, grandmothers and other members of the four support groups. The topics covered in March and April 2018 during support group meetings were largely on Living Positively and Gender Issues respectively. Unfortunately, we lost one client In March 2018 who succumbed to AIDS – Related illnesses



Brigid talking to members of the Karai Support group

ENROLMENT

During the period under review, we enrolled the following clients;

Clients Enrolled	March 2018	April 2018	Cumulative
HIV Positive women	13	0	2,295
HIV Positive men	1	2	782
HIV Positive children	0	0	353
Orphan Vulnerable children	48	0	6,648
House hold members	4	0	3,031
Total	66	2	13,109

KIDS AND TEENAGERS MEETING

Kids and Teenagers' meetings were conducted during the period under review and the following topics and events took place. Children between 3 and 11 years made drawings, 12 to 18 years were taught on

Taking responsibility of one's health while guardians were taken through Parenting. In total 84 children and their guardians turned up for the meeting.



Sr. Zipporah (Left) and Rosemary (Right) posing for a group photo with kids and teenagers



Rosemary assisting young members of the Kids Club to draw

PREVENTION OF MOTHER TO CHILD TRANSMISSION OF HIV/AIDS (PMTCT)

Since the inception of the project in February 2009, we have benefited 385 exposed children with infant formula milk. In March and April 2018, we had 5 and 6 babies on formula milk in the respective months. We also enrolled a new baby to the formula milk program in April 2018.

Infant Formula Milk Data		
	March 2018	April 2018
No. of Infants accessing “Infant Formula Milk”	5	6
No. of Infants Weaned	0	0
No. of Expectant Mothers	1	3



Brigid issuing Infant formula milk to a PMTCT mother



Brigid and the PMTCT mothers posing for a group photo

GRANDMOTHERS' PROJECT

Since the inception of the project, the grandmothers have been empowered to improve their livelihood which as well as in meeting the school needs of their grandchildren by running self- sustaining projects. Moreover, the members held meetings in every second Friday and third Wednesday of the month to share and encourage each other. During these meetings, the members were punctual, cooperative and hard working.

Sadly, we lost two grandmothers Rose Adhiambo and Margaret Gatiri on 17th March and 22nd April 2018 respectively. Rose succumbed to cancer while Margaret died of hypertension issues.



Sr. Zipporah talking to a section of the grandmothers during their meeting